



Detection and Management of High Cholesterol Online Training Program



Participant Disclosures

Overall Purpose:

By participating in this educational activity, participants will learn high blood cholesterol detection and management knowledge and skills by navigating through an online module focused on: primary and secondary prevention strategies, risk assessment, treatment and management of high cholesterol, which improve patient outcomes and impacts public health.

Our goal is to assist health professionals to maintain competence in current cholesterol guidelines, increase quality improvement strategies and provide cholesterol management tools to increase cholesterol control rates.

Learning Objectives:

After completing this course, participants will be able to define cholesterol, including dietary cholesterol, HDL, LDL and triglycerides; discuss the impact of high cholesterol; list the risk factors, both modifiable and nonmodifiable for high cholesterol; discuss the dangers of untreated high blood cholesterol levels; discuss the importance of cholesterol values and routine cholesterol monitoring; demonstrate skills for supporting clients with high blood cholesterol levels; and identify how to locate and refer clients to community-based lifestyle change programs.

Target Audience:

Health care professionals: nurses, nurse managers actively supervising clinical staff and overseeing health care quality improvement, physicians, physician assistants, supervised medical assistants, and other qualified persons who may provide training to worksites and community organizations.

Conflict of Interest Disclosures: Planning Committee: None of the Planners have a conflict of interest to disclose as it relates to this educational activity. Speakers/Faculty: None of the Speakers or Faculty have a conflict of interest to disclose as it relates to this educational activity.

Planning Committee for this activity:

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Commercial/Sponsor Disclosure:

There is no involvement of commercial or sponsor support for this activity.

Non Endorsement: As an Accredited Provider of Continuing Education (CE) Credits for Health Education (CHES), Nursing (CNE), Medicine (CME), and Public Health (CPH) the American Public Health Association Learning and Professional Development Programs (LPDP) Unit and its respective Continuing Education accrediting organizations do not endorse any products or services that are displayed or referred to in conjunction with this activity and are not responsible for the actual presentation of content during scientific sessions.

Policy on Disclosures to Learners:

MCD Public Health strives to ensure balance, independence, objectivity and scientific rigor in all of its educational programs. All planners, faculty members, moderators, discussants, panelist and presenters participating in this program have been required to disclose any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program. This includes relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. The intent of this policy is to identify openly any conflict of interest so that the attendees may form their own judgments about the presentation with full disclosure of the facts. In addition, faculty is expected to openly disclose any off-label, experimental and/or investigational uses of drugs or devices in their presentation. Disclosures, Conflict of Interest (COI) and Resolution of COI policies are available in the printed program.

Accreditation Statements:**Medicine (CME) Accreditation Statement**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Public Health Association (APHA) and **MCD Public Health**. The APHA is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement: The APHA designates this live educational activity for a maximum of *1.0 AMA PRA Category 1 Credit (s)*TM.

Nursing (CNE) Accreditation Statement

This continuing nursing education activity was approved by APHA/PHN, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

How to Obtain CE Credit

Participants must attend the entire **Basics of Cholesterol in Adults Module** of the Detection and Management of High Cholesterol Online Training and complete the evaluation online in order to earn credit hours and obtain a CE certificate. A link to the online evaluation system will be sent to all registered participants who attend the activity that will contain instructions and a personal ID number for access to the system. All online evaluations must be submitted by **within 2 weeks** to receive continuing education credit for this activity.